

Extraordinary Journeys Offers Exclusive Yoga Safari in Africa

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This May, travel to Kenya with Extraordinary Journeys , specialists in luxury bespoke safaris to Africa, on an exclusive 9-day Dunia Yoga Safari (May 16th – 24th, 2014). Led by Whitney Bushnell, a certified, private yoga instructor, this unique safari will be filled with exciting wildlife watching in the Samburu National Park and Maasai Mara National Reserve, while guests enjoy invigorating and relaxing yoga and meditation classes against the backdrop of the breathtaking African Bush. While in Nairobi travelers will also have the opportunity to take part in one of the largest donation-based community classes in Africa with the Africa Yoga Project, an organization that empowers over 250,000 Kenyans a year through the power of yoga.

Pricing begins at \$4,990 per person, double, and includes accommodations at Karen Blixen Coffee Garden & Cottages in Nairobi, and deluxe safari lodges Saruni Samburu and Saruni Mara. Package includes most meals, guided walks, game drives, cultural activities, flights within Kenya and yoga/meditation classes. International flights are not included.

Highlights Include:

- Community Class and Q&A Presentation at Africa Yoga Project's Shine Center in Nairobi;
- Game drives led by professional Samburu guides to track the Samburu Reserve's elusive Grevy's zebra, reticulated giraffe, Somali ostrich and Beisa oryx;
- Access to the incredible game-viewing of the Maasai Mara Reserve as well as the exclusive 74,000 acre Mara North Conservancy allowing for unique activities such as bush walks and night game-drives;
- Daily, personalized yoga and meditation classes;
- Visit to AFEW Giraffe Center and Daphne Sheldrick Elephant Orphanage in Nairobi.

The adventure begins in Nairobi, where guests will spend a day exploring this lively cosmopolitan city, including a visit to the Africa Yoga Project's Shine Center, which educates, empowers, elevates and employs youth in Kenya through yoga practice, meditation, performing arts, health education, relationship building and community activism. For their stay in Nairobi, guests will enjoy accommodations at the elegant and intimate Karen Blixen Cottages, surrounded by hundreds of varieties of blooming flowers and trees.



On the third day, guests will fly to the Samburu Game Reserve in northern Kenya, a landscape of endless rolling plains and home to a number of rare wildlife species including Grevy's zebra, reticulated giraffe, Somali ostrich and the Beisa oryx. After long days of game drives, guided walks and restorative yoga sessions, guests will unwind in one of Saruni Samburu's stunning open-facing houses, with multiple verandas overlooking the unspoiled landscape.

On Day 6, guests will depart Samburu for a flight to Maasai Mara, Kenya's most renowned reserve, 74,000 acres or prime game-viewing territory. Known as the "Jewel of Africa" the Maasai Mara contains one of the largest concentrations of big game in Africa, and its classic savannah is home to one of the most spectacular animal migrations in the world. Guests will enjoy their stay at the deluxe Saruni Mara, renowned for its excellent guides who lead driving and walking expeditions among elephants, lions, zebras and endless other species of wild animals.

On the final day, travelers will return to Nairobi for a chance to visit the AFEW Giraffe Center and the Daphne Sheldrick Elephant Orphanage, which fosters abandoned baby elephants.

For more information, please visit: <http://www.extraordinaryjourneys.net/blog/dunia-yoga-safari-in-kenya/>