

At Helsinki Airport, a New Snooze Option

By ELAINE GLUSAC · APRIL 17, 2015

Email

Share

Tweet

Pin

Save

More



The Helsinki Airport hopes to help jet-lagged travelers catch up on their sleep with the introduction of new sleeping pods at two of its international gates.

The Finnish-made [GoSleep Sleeping Pods](#) feature a recliner set within a hard-shell outer casing. Travelers can place their carry-ons in a compartment under the seat, plug in their portable devices for charging from electrical outlets in the pod, and then use a credit card to rent the chair (€9 per hour).

Once the chair reclines flat, users can pull down a porous felt cover that screens light and reduces noise, while enclosing sleepers inside the pod until an automated alarm wakes them up.

With 19 sleeping pods installed in February, [Helsinki](#) claims to be the first European airport to offer the chairs, though they are also available in Abu Dhabi International Airport. An optional pillow costs €6, and a blanket €9.

*Sign up to receive our **NYT Living newsletter**, a weekly roundup of lifestyle news from the Style, Travel and Food sections delivered to your inbox.*



GoSleep Sleeping Pods at Helsinki Airport. Finavia

