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Oh Happy Day: Helsinki Airport Has Nap Pods Now



Published: March 2015
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With the recent introduction of GoSleep napping pods, essentially closable pellets meant for escaping the stress and hubbub of airport terminals, it looks like Helsinki Airport is vying in earnest to become the best place in Europe to spend an eight-hour layover.

Finnair's hub, which already offers things like yoga and book swaps, now boasts 19 ergonomic pods, each of which comes with under-seat storage, an outlet for charging devices, and the option for pillows and blankets. Score.

Of course, this is just the most recent component of what's becoming a veritable wave of micro oases in airports. Leading the revolution are Regus' Workpods, which have popped up at London's Gatwick airport. Rentable by the hour, these small sound-proofed rooms, offer connectivity and privacy to get last-minute emails and spreadsheets to the office before switching on flight-mode. Features include WiFi, a comfortable desk and seat, power and mobile chargers, and a computer monitor.

Munich boasts Napcabs, while London Heathrow and Gatwick, as well as Amsterdam's Schiphol airport, have beds rentable by the hour, organized by Yotel. Closer to home, in Dallas Fort Worth, Philadelphia and Atlanta Hartsfield-Jackson, Minutesuites offer a slightly more lo-fi version, with just the same amenities.



Credit: Finnair

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