

Here, there, and everywhere



By Necee Regis | GLOBE CORRESPONDENT AUGUST 26, 2016

here

FUN WITH MUD

IN NEW HAMPSHIRE

Get down and dirty — or watch others get messy — at the Mt. Washington Valley Mud Bowl, the championships of mud football in North Conway, N.H. (Sept. 9-11). Ten teams from throughout New England play two-hand touch football in knee-deep mud, with seven players per side. Games in the double-elimination tourney are played at Steve Eastman Memorial Field at Hog Coliseum, with the finals on Sunday. Cheerleaders, kids activities, and food are featured. On Saturday, North Conway Village's Main Street is where to watch the 34th Tournament of Mud Parade. Three-day tickets are \$15; day tickets are \$6 ages 14 and up, and \$4 ages 6 to 13; family tickets (two adults, two children) are \$15 per day. Proceeds benefit local charities. 603-356-5701, www.facebook.com/Mt-Washington-Valley-Mud-Bowl-107043226018261/?fref=ts

WOODEN BOATS ON DISPLAY

Fans of Hinckley, Hunt, and other Down East-style boats won't want to miss the inaugural Bowen's Wharf Newport Wooden Boat Show, running concurrent with the Newport International Boat Show and Newport Brokerage Show (Sept. 15-18). With both in-water basin and land displays, the show spotlights the craftsmanship of more than 30 participating wooden boats from builders such as Pease Boatworks, Concordia Company, Newport Nautical Timbers, and more. Head to the free opening night party at the Seamen's Church Institute to view the exhibit Wood, Wind & Water (seamensnewport.org/), and pick up tickets for a screening of Wood, Sails, Dreams at the Jane Pickens Theater (www.janepickens.com/showtimes-tickets). In addition to viewing wooden boats, attendees to the wharf marina at 1 Bowen's Landing can enjoy live Caribbean music and waterfront bar daily. Free. www.newportwoodenboatshow.com/

there

REMOTE ANDES

ADVENTURE TREK

Looking for an alternative to visiting Machu Picchu? South American travel specialists JourneYou is offering a four-day trek — with panoramic views of the Andes, the valley, and pristine forests — to the ancient city of Choquequirao, an enormous archeological site in the Sacred Salkantay Mountain range and the Apurimac River Canyon in Peru. Considered to be the last refuge of the Inca, it is popularly known as the “Cradle of Gold.” A degree of physical stamina is required, as travelers routinely trek 6 to 9 hours per day, covering distances of 8 to 13 miles at altitudes of up to 10,170 feet. Small customized trips can be arranged on request, and departures are available at any time. Rates from \$690 per person, double, includes bilingual guide, entrance to Choquequirao, filtered and treated water, cook and support staff, horses, handlers and select camping equipment. Airfare not included. 855-888-2234, www.journeyou.com/en/travel-styles/adventure/peru/choquequirao-trek/#content



MEXICO RESORT'S EXCLUSIVE OFFER FOR GLOBE READERS

Leave the kids at home and treat yourself to a romantic sojourn at Kore Tulum Retreat & Spa Resort, an adults-only, all inclusive boutique hotel at the beachfront in Tulum, near Mexico's Playa del Carmen and Cozumel island. The 94 suites all feature indoor and outdoor Jacuzzi, LCD satellite TV, AC, and views of the gardens or the sea. In addition to the standard 24-hour unlimited food and beverage offerings that are part of the all inclusive price, the resort is offering Boston Globe readers an exclusive offer that includes a 30-minute couples massage and one private yoga class from the hotel instructor. Book between Sept. 1-Oct. 31, 2016, for travel through Oct. 31, 2017, and use the promotion code: GLOBE1. www.koretulum.com/en/home.html

everywhere

NOISE ISOLATING EARPHONES

It's a noisy world, and those who are tired of turning up the sound to listen to music over the rattle of trains or the clatter of airline food carts may want to check out the newest high-fidelity earphones by Etymotic. Designed for active lifestyles — including travel and sport activities — the mk5Isolator Earphones effectively tune out ambient noise. The Isolator matches the ear's response for natural sound reproduction allowing even soft dynamics to be heard clearly. The low-profile, in-ear earphones fit comfortably under hats and helmets. \$59.00.

www.etymotic.com/consumer/earphones/mk5.html

RECHARGEABLE LED STROLLER AND BIKE LIGHTS

Whether your vacation is to a brightly lit city or dark country village, it's important to stay visible at night. Originally designed for skateboards, Third Kind lights are now available for bikes, strollers, and scooters. What makes these lights different from others is that they point down at the ground, making users highly visible to traffic from all directions, not just front and back, from a distance of over 1,000 feet. Creates an "area of safety" by lighting not just your bike or stroller, but also you. Strong, lightweight, and weatherproof. Micro USB rechargeable; includes charge cable. A light module allows you to select one of seven colors to match your mood, or set it to "party mode" and let all of the colors flash. \$49.99. thirdkindlights.com/

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