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Enriching Experiences

written by [Michelle Marie Arean](#) | Posted on March 12th, 2014

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Los Sueños Marriott Ocean & Golf Resort.

While exploring new cities, cultures and cuisines, vacationers can immerse themselves in unique learning experiences. With packages ranging from wellness retreats to exploring a foreign land's art and film history, to even learning the local language, enriching experiences span the globe.

Educational Activities in Costa Rica

Los Sueños Marriott Ocean & Golf Resort is offering families escapes to Costa Rica with a variety of educational activities to keep the kids in an academic state of mind.

Families who book the *Sand Dollar Package* receive their fourth night free, a \$100 resort credit and complimentary breakfast for two adults and two children (under 12 years old) at La Vista Restaurant. This oceanfront property between the Pacific Ocean and acres of tropical rainforest, offers a variety of onsite learning experiences like complimentary Spanish lessons, introductory golf excursions, and *La Iguana Experience* hike, where guides lead families through the property for the chance to spot iguanas, toucans, scarlet macaws, pizotes, monkeys and even sloths.

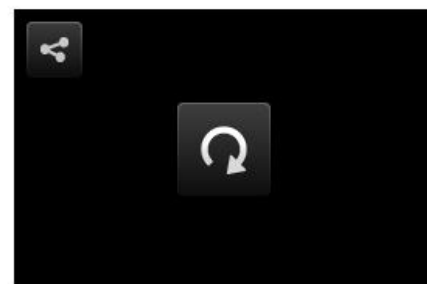
The *Sand Dollar* is available through May 31. Rates start at \$189 per night.

For more information, call (800) 228-9290 or visit lossuenosmarriott.com.

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Views of St. Peter's while on the Director's Cut tour. (Photo courtesy of Context travel.)

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Film Buffs Explore Rome's Film History

Context is offering a walking tour of Rome that leads film buffs through the city's film history—*Director's Cut: A Journey through Italian Cinema*. The tour will allow travelers to experience Rome through the eyes of Italy's most influential and skilled directors from the 1940s to the present day.

The group will get to know the city and its many personalities such as a hedonistic capital, political battleground and religious center. The route goes through locations featured in famous films made in Rome including Via Veneto, the Trevi Fountain, Piazza Navona and St. Peter's Square. Travelers will gain a better understanding of Rome as a source of inspiration for filmmakers and will grasp an understanding of the relationship between art, film, and the city.

Director's Cut: A Journey through Italian Cinema is three hours long and available daily. Group walks are \$75 pp and \$330 for a private party limited to six people.

For more information, visit contexttravel.com or contexttravel.com/access/create-agent-account.



Sunrise over the river Arno and Ponte Vecchio in Florence, Italy. (Photo courtesy of Perillo's Learning Journeys.)

Yoga and Art in Tuscany

Art aficionados can get a more intimate look at Italy's Tuscan region with **Perillo's Learning Journeys' Art and Well Being in the Heart of Tuscany** package.

The 7-night trip combines yoga and relaxation classes with visits to the towns of Florence, Chianti and Siena, where travelers can learn about the art and architectural history with included gallery excursions.

The package also includes daily morning and evening relaxation sessions, guided tours of Florence and Siena, with entrance to the Academia, Uffizi Gallery and San Marco Convent, a visit to the Medici's Boboli gardens, wine tasting, sonic massage, a visit to a cashmere goat farm in Chiani, and a thermal bath at Siena's *Rapolano Terme Spa*.

Rates are \$3,250 pp dbl.

For more information, visit learningjourneys.com/wellness/art-and-well-being-in-the-heart-of-tuscany.



Hard Rock Hotel Vallarta part of the All Inclusive Collection.

Wellness Retreat at Hard Rock Hotel Vallarta

All Inclusive Collection announces its get-fit retreat at **Hard Rock Hotel Vallarta** with its *My Destination Wellness* on June 2-8. Guests can purchase a 4- night or 7-night all-inclusive package to *Train Like A Champion*. The retreat is filled with high-energy and expert training programs to inspire attendees to lead a healthy lifestyle.

The package includes all five-star amenities and accommodations in a *Luxury Jacuzzi Junior Suite* and all wellness and fitness classes. Participants will work with celebrity trainers including WEC lightweight world champion, Anthony Pettis and friends. This fit trip is customized for all levels of fitness and health, but focuses on a combination of techniques from kickboxing, jiu-jitsu and mixed martial arts. Pettis and friends will teach participants training techniques and help guide them through new exercises they can take home with them. Hard Rock Hotel Vallarta works with wellness expert, David Pritchard, to create customized fitness and nutrition plans that extend beyond guests' vacation stay. Beachside exercise classes, personal training sessions and chef-prepared healthy meals help participants jumpstart their healthy lifestyle plans. This wellness getaway includes a 4-day training program with daily agendas, training sessions, performance workshops, and nutritional workshops.

Hard Rock Hotel Vallarta's amenities include a spa, family-friendly amenities, and nightly entertainment including theme parties, shows, concerts and live performances. Rates start at \$1,156 for a 4-night stay and \$1,625 for seven-nights.

For more information, call (888) 762-5002 or visit mydestinationwellness.com/Pages/fit-trip-hard-rock.aspx.

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